

**Billerica Council on Aging
25 Concord Road, Billerica MA
Board Meeting Minutes**

April 13, 2022, 5:30 pm

Present: Jean Patel Bushnell, Richard Carroll, Phil Doiron, Barbara Flaherty, Bill Neeb, John Pellegrino, Mary Riley, Mike Rosa.

Absent: Stephen Strykowski.

The meeting was called to order at 5:35 PM by Chair Mary Riley, followed by the Pledge of Allegiance and a moment of silence for the sick and departed.

A motion was made to accept the Minutes of the March 14, 2022, meeting. M/Phil Doiron S/John Pellegrino. Motion passed.

A motion was made to accept the Minutes of the March 28, 2022, Special meeting. M/Phil Doiron S/John Pellegrino. Motion passed.

Director Jean Bushnell presented an update on January to March COA operations including:

- Outreach Home Visits = 32 / transportation qualified 88%
- I & R Requests 92
- Cases in progress 85 / mental health element 72%
- Jeanne Teehan made presentation at Crisis Intervention training
- Transportation – 759 rides for 74 patrons, 105 of which was to Chelmsford Adult Day Care
- Slight net increase in volunteers
- Gift shop sales \$1,667.50
- New members 111/ deceased 54
- AARP Income tax returns prepared 285
- Tax Work off program ended with 54 seniors and 10 veterans
- Fitness Room usage 305 hours, 33 users
- Companion Program 8 new clients / lost 3

Health and Wellness

- Covid Booster clinic distributed 144 shots
- 3 footcare clinics
- 2 memory café sessions
- 6 grief support sessions
- 1 “Fit after 50” session for 18 patrons
- 3 Narrow Gauge Rail trail walks

- 162 blood pressure readings

Events / # sessions

- Billerica Garden Club – 1
- Fraud Prevention - 3
- History Lectures - 3
- Live performances - 4
- Movie madness - 3
- Specialty lunches – 4
- Travelling Chef – 3
- Fire safety – 1

Activities Hours / patrons

- Exercise: 2,127 / 271
- Crafts: 839 / 62
- Games: 4,000 / 164
- Social & Support: 443/38

Leadership

- Staff event at Garrisons Restaurant
- Participation in BOH Hoarding Taskforce
- Staff relocation in building begins
- Work continues on plans for future COA Building
- FY2023 budget presented to Finance Committee
- Resignation of Wellness Department employee Dinah Ahmed
- Participation by Jean Bushnell on Agespan Board of Directors.

Funding by Friends of BCOA \$5,625

Review of Billerica Population Projections 2010 – 2035

Secretary Bill Neeb made a presentation on Open Meeting Law training videos provided by the Commonwealth of Massachusetts. It will be the responsibility of each member to understand how open meeting laws apply to them.

BCOA Board meeting calendar: Secretary Bill Neeb made a motion to not hold regularly scheduled meetings in July and August 2022. S/ John Pellegrino. Motion Passed

Billerica Select Board Code of Conduct

Vice President Rich Carroll presented a document of the Select Board of Conduct and it's impact on the BCOA Board.

Motion to Adjourn, Bill Neeb/ Barbara Flaherty M/Passed /
Next meeting, May 11, 2022 5:30 pm

Respectfully Submitted

A handwritten signature in black ink that reads "William J. Neeb". The signature is written in a cursive style with a horizontal line at the end.

William Neeb, Recoding Secretary