

# BCOA March 2021 Calendar

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p><b>March 1</b> Walking Wonders 9:00 Fitness Room 9-12 Pool Playing 9-12 Exercise 9:15 Chair Aerobics 11-12 Social Time 1:15 (art rm)</p>	<p><b>2</b> Walking Wonders 9:00 Pool Playing 9-12 Tap 9:00 <b>Rail Trail Walk 9:15</b> Knitting 9:30 (art rm) Cardio Boost 11:45-12:30 Line Dance 1:00</p>	<p><b>3</b> Walking Wonders 9:00 Fitness Room 9-12 Pool Playing 9-12 Yoga 9:15 Ceramics 10-12 (art rm) S.A.I.L 10:30</p>	<p><b>4</b> Walking Wonders 9:00 Exercise 9:15 Chair Aerobics 11-12 <b>Tele-Bingo 12:30 by Phone</b></p>	<p><b>5</b> Walking Wonders 9:00 Fitness Room 9-12 Pool Playing 9-12 Tai Chi 9:00 Zumba 10:15-11 <b>Zoom Social 11-12</b> Cardio Boost 1-1:45</p>
<p><b>8</b> Walking Wonders 9:00 Fitness Room 9-12 Pool Playing 9-12 Exercise 9:15 Chair Aerobics 11-12 Social Time 1:15 (art rm)</p>	<p><b>9</b> Walking Wonders 9:00 Pool Playing 9-12 Tap 9:00 Knitting 9:30 (art rm) Cardio Boost 11:45-12:30 Line Dance 1:00</p>	<p><b>10</b> Walking Wonders 9:00 Fitness Room 9-12 Pool Playing 9-12 Yoga 9:15 Ceramics 10-12 (art rm) S.A.I.L 10:30 <b>Memory Café 1:00 - Zoom</b></p>	<p><b>11</b> Walking Wonders 9:00 Exercise 9:15 Chair Aerobics 11-12</p>	<p><b>12</b> Walking Wonders 9:00 Fitness Room 9-12 Pool Playing 9-12 Tai Chi 9:00 Zumba 10:15-11 <b>Zoom Social 11-12</b> Cardio Boost 1-1:45 <b>Neil Diamond Tribute – BATV – 2:00</b></p>
<p><b>15</b> Walking Wonders 9:00 Fitness Room 9-12 Pool Playing 9-12 Exercise 9:15 Chair Aerobics 11-12 Social Time 1:15 (art rm)</p>	<p><b>16</b> Walking Wonders 9:00 Pool Playing 9-12 Tap 9:00 Knitting 9:30 (art rm) <b>YouTube Card Making – 11:00</b> Cardio Boost 11:45-12:30 Line Dance 1:00</p>	<p><b>17</b> Walking Wonders 9:00 Fitness Room 9-12 Pool Playing 9-12 Yoga 9:15 Ceramics 10-12 (art rm) S.A.I.L 10:30 <b>St Pat's Day Grab &amp; Go Lunch - 12:00</b> <b>Commodity Food 12:00</b></p>	<p><b>18</b> Walking Wonders 9:00 Exercise 9:15 Chair Aerobics 11-12 <b>Tele-Bingo 12:30 by Phone</b></p>	<p><b>19</b> Walking Wonders 9:00 Fitness Room 9-12 Pool Playing 9-12 Tai Chi 9:00 <b>Zoom Social 11-12</b> Cardio Boost 1-1:45</p>
<p><b>22</b> <b>April Registration - 9</b> Walking Wonders 9:00 Fitness Room 9-12 Pool Playing 9-12 Exercise 9:15 Chair Aerobics 11-12 Social Time 1:15 (art rm)</p>	<p><b>23</b> Walking Wonders 9:00 Pool Playing 9-12 Tap 9:00 Knitting 9:30 (art rm) Cardio Boost 11:45-12:30 Line Dance 1:00 <b>History of USPS – BATV – 1:00</b></p>	<p><b>24</b> Walking Wonders 9:00 Fitness Room 9-12 Pool Playing 9-12 Yoga 9:15 Ceramics 10-12 (art rm) S.A.I.L 10:30</p>	<p><b>25</b> Walking Wonders 9:00 Exercise 9:15 Chair Aerobics 11-12</p>	<p><b>26</b> Walking Wonders 9:00 Fitness Room 9-12 Pool Playing 9-12 Tai Chi 9:00 <b>Zoom Social 11-12</b> Cardio Boost 1-1:45</p>
<p><b>29</b>  <b>April Classes Start</b></p>	<p><b>30</b></p>	<p><b>31</b></p>		

**March Classes Start on Monday, March 1st**  
**March Registration Starts on Monday, February 22nd at 9:00am**  
**April Classes start on Monday, March 29th**  
**April Registration starts on Monday, March 22<sup>nd</sup> at 9:00am**

**Notes:**

Pool Playing and Fitness Room use are by appointment only and registration is required.